



ADDENDUM TO THE CONSTITUTION OF SWIMMING CANTERBURY WEST COAST

AFFILIATION AND OTHER FEES

- a. Each Club shall pay to the Regional Association such Club affiliation fees as shall be determined by the SNZ Annual General Meeting. Each club will also pay individual swimmer affiliation fees as shall be determined by the SNZ Annual General Meeting on behalf of their competitive swimmers. The Regional Association to advise clubs of any change after the SNZ AGM each year.
- b. The Regional Association shall have power from time to time to impose a levy for Special Purposes. Any levy so imposed shall only be imposed at the Annual General Meeting or a Special General Meeting called for that purpose. No levy shall be imposed unless the affirmative votes shall be 75%.
- c. All fees and levies payable to the Regional Association and SNZ must be paid not later than 31 March in each year, provided that any other moneys owing shall be payable within one month of demand. A Club in respect of which any fee, levy or other moneys outstanding, remain unpaid after the due date for payment thereof shall not, except as hereinafter provided, retain its representation on the Regional Association. Exclusion from representation on the Regional Association shall have the effect of suspension of the Club and the members thereof.
- d. Notwithstanding the provisions of the last preceding section, the Regional Association may by special resolution assented to by 60% of the delegates present and entitled to vote at the meeting at which the matter is considered, grant a Club extension of time in which to pay its Regional Association fees, or may remit all or part of the said Regional Association fees as it shall determine.
- e. A Club whose fees are remitted in the manner set out in the preceding section shall be deemed to be in every way financial.

TRANSFERS WITHIN THE REGION

- a. Any member of a club desiring to transfer to another club shall advise, in writing, the Regional Association of the transfer.
- b. No person whose name appears on the membership list of a Club shall represent any other Club unless a transfer of the member from that Club to the other Club has been approved by all parties and processed via the Swimming New Zealand database.

- c. Application for transfer shall be affected via the SNZ Database and be approved by the Club and/or Region they are transferring from and the Club and/or Region they are transferring to.
- d. Every advice of a transfer duly completed shall be forwarded to the Regional Association's Administrator.
- e. All approved transfers shall be recorded in the Board minutes.
- f. For the purposes of all competition any transfer shall be effective immediately on the completion of the process via the Swimming New Zealand database. Transfers will be formalised at next Board meeting. Swimmers transferring again within 90 days will incur a 60 day stand down period; during this time, swimmers can swim either unattached or for club transferring from. Swimmers transferring between clubs within the Canterbury West Coast region are still eligible for regional representation and records during the 60 day stand down period.
- g. The transferring Club must forward the swimmers complete electronic Team Manager results file to the club the swimmer has transferred to.

AFFILIATED CLUBS & ANNUAL RETURNS

- a. Affiliated Clubs must hold their Annual Meeting prior to 15th June in each year. If clubs are unable to hold their Annual Meeting prior to the 15th June, extension can be sought from the Regional Association.
- b. Immediately after the Annual Meetings of Affiliated Clubs the Secretaries of such Clubs shall forward to the Association's Administrator the following particulars before the Annual Meeting of the Region.
 - (i) The names of the Club's delegates for the new season.
 - (ii) A list of the Club's officers.A copy of the Annual Report, and the Statement of Financial performance, and the Statement of the Financial position certified by a suitably qualified independent person.

Any Club that has failed to comply with section (b) of this Rule shall not be represented at the Annual General Meeting of the Regional Association and such Club shall be excluded from representation while such default continues. Exclusion from representation on the Regional Association shall have the effect of suspension of the Club and the members thereof.

ANNUAL BALANCE

The annual balance date for the Regional Association shall be the 30th April of each year.

LIFE MEMBERSHIP AND AWARDS

Qualification for awards:

1. LIFE MEMBERSHIP:

The highest award SCWC can bestow on an individual for Service to the sport at Regional level. Criteria for Life Membership includes but are not limited to the following:

- Consistency of initiative beyond ordinary and normal.
- Exceptional Service to the sport over an extended period of an outstanding nature especially at a Regional Level.

Long service in itself is not a qualification for the Award.

A candidate for Life Membership may be nominated by the Regional Association or may be nominated by a Club to the Regional Association in writing, setting out fully the grounds on which such nomination is made.

Nominations must be made not later than **15 June** in any year to be considered in that year.

2. HONOURS AWARD:

Ten years after receiving the Service award provided that the holder has continued throughout that period to give service of the quality that earned the Service Award in the first place. Honours Awards may be conferred for a lesser period, on the initiative of the Awards Committee to Service Award holders.

3. SERVICE AWARD:

a. Active service of an outstanding nature to the sport in the Canterbury West Coast region for a period of not less than 5 years.

b Clubs must nominate members for service awards giving a detailed description of the nominees' involvement and service over at least 5 years.

c. The committee will consider nominations for a New Zealand Service Award after 10 years service with Swimming Canterbury West Coast. Nominees are expected to have been awarded a Swimming Canterbury West Coast Service Award prior to having been nominated for a New Zealand Service Award.

Exceptions to this rule will be dealt with on a case by case basis by the Awards Committee

NOMINATION:

- a. Nominations for Life Membership, Honours Awards and Service Awards can be recommend made by any SCWC member
- b. Nominations to be forwarded to the SCWC Administrator and/or Awards committee
- c. Final decision on any Life Membership to be ratified by the SCWC Board
- d. Awards will be presented to recipients at the most appropriate function

CANTERBURY WEST COAST CHAMPIONSHIPS

The following shall be the provincial Championship events, which may, from time to time, be altered by the Regional Association:

Events

Men 50m, 100m, 200m, 400m, 800m, 1500m Freestyle; 50m, 100m, 200m Backstroke; 50m, 100m, 200m Breaststroke; 50m, 100m, 200m Butterfly; 200m, 400m I. Medley; 4 x 50m Freestyle Relay; 4 x 200m Freestyle Relay; 4 x 50m Medley Relay.

Women 50m, 100m, 200m, 400m, 800m, 1500m Freestyle; 50m, 100m, 200m Backstroke; 50m, 100m, 200m Breaststroke; 50m, 100m, 200m Butterfly; 200m, 400m I. Medley; 4 x 50m Freestyle Relay; 4 x 200m Freestyle Relay; 4 x 50m Medley Relay.

(ii) Age Groups to be:- 10 years & Under, 11 & 12 years, 13 & 14 years, 15 & 16 years, & 17years & over.

Open Freestyle relays are 15 x 50m Mixed, 5 x 100m Mixed, 5 x 50m Mixed and 4 x 100m.

(iii) Qualifying times will be set for this Championship by the selectors.

Swimmers who qualify in three or more events at Canterbury West Coast Championships shall be excluded from competing in Canterbury Development Championships.

Canterbury Development Championships:

The following shall be the Canterbury West Coast Development Meet events, which may, from time to time, be altered by the regional Association.

- i. Age groups for the Canterbury all individual events are 8 years & under; 9 & 10 years; 11 & 12 years; 13 & 14 years; 15 years & over.
- ii. Relay events will be held in the following age groups: 11 years and under, 12 years and over (4 x 50 freestyle and medley) and may be mixed; 8 x 50 freestyle relay is open and mixed.

Memorial Meet:

The following shall be the Canterbury West Coast Memorial Meet events, which may, from time to time, be altered by the regional Association:

- A. (i) Age Groups:
 - (a) Boys/Girls 9 years & under;
Events: 50m Freestyle; 50m Backstroke; 50m Breaststroke; 50m Butterfly
 - (b) Boys/Girls – 10 years & under, 11, 12, 13, 14, 15 years & Over
Events: 100m Freestyle; 100m Backstroke; 100m Breaststroke; 100m Butterfly; 200 Freestyle; 100 IM; 200 IM
 - (c) Boys/Girls – 11 years & under, 12, 13, 14, 15 years & Over
Events: 200 Backstroke, 200 Breaststroke, Boys/Girls 12 years & Under, 13 years & Over
Events: 200 Butterfly; 4 x 50 Freestyle Club Relay, 4 x 50 Medley Club

REGIONAL RECORDS

In all cases where a record performance is established, the Administrator shall apply for the record to be recognised after receiving meet results & checking the record swim time.

1. Records Established within Region's Boundaries.

All applications for regional records shall be applied for by the Administrator and submitted for ratification at the next Management Meeting, provided the results for the relevant session have been signed as correct by the Referee of the session, who shall be a qualified regional official.

Where automatic electronic or semi-automatic timing is not used, three separate manual times shall be recorded, and the results for the relevant session have been signed off by the Referee of the session, who shall be a qualified regional official. Only electronic watches shall be used for manual timing.

2. Records Established outside Region's Boundaries.

If swum outside Canterbury West Coast boundaries, results must be supplied to the Administrator within 21 days of the competition. If swum outside New Zealand boundaries, results must be supplied to the Administrator within 21 days of the competitor or team return to New Zealand.

(i) Electronic results:

Record applications will be applied for by the Administrator on receipt of official meet results or electronic Meet Manager / Team Manager file.

(ii) Manual results:

A copy of the official results of the meet signed by the Referee of the relevant session, with the time in question highlighted and endorsed with the words "Certified as the correct time recorded" shall be provided to the Administrator. For meets at pools, or events not known to the Region, additional requirements regarding pool or official certification may be necessary.

b. No performance by a swimmer shall be recognised as a Regional Record until the Regional Association has resolved it to be so recognised. Particulars of any Regional Record shall be recorded in the Minute Book of the Regional Association, and the Regional Records Officer shall keep a list of Region Records and shall from time to time revise such lists in such manner as the Association shall direct.

The above responsibilities in no way preclude any individual swimmer or club from applying for record swims and the ultimate onus at all meets falls on the swimmer and / or their Club to make application within the time period.

REGULATIONS

REGULATIONS REPRESENTATIVE TEAMS

1(a) No team or individual shall be allowed to travel within or without the Region without adequate management.

(b) The Regional Association will at times appoint team managers.

(c) The Regional Association may assist with travel and accommodation costs for those appointed officials that accompany Regional teams.

(d) Managers appointed to manage such teams will be expected to complete a formal written report on the event. Report expectations to be advised by the SCWC Administrator.

CANTERBURY WEST COAST SWIMMING CHAMPIONSHIP TROPHIES

DUNCAN MEMORIAL SHIELD:

A challenge shield presented to the Regional Association to perpetuate the memory of the late W. H. Duncan.

RULES

1. The shield shall be known as the "Duncan Memorial Shield" and shall be competed for annually at the Championships, and the Championship events shall be the events on which points are allotted

2. The competition for the shield shall be open to all Clubs affiliated to the Canterbury West Coast Swimming.

3. The Club scoring the largest number of points shall be declared the winner

4. Points shall be awarded as follows: Championship Final -First, 11 points; Second, 9 points; Third, 8 points; Fourth, 7 points; Fifth, 6 points; Sixth, 5 points; Seventh, 4 points; Eighth, 3 points; Ninth and Tenth, 1 point each

ALAN BLISS MEMORIAL CUP:

A challenge cup presented by Mrs W. D. Twiss, in memory of her brother.

RULES

1. The cup cannot be won outright, but shall remain the property of the Regional Association.

The cup to be presented annually to the fastest male swimmer under the age of 12 years in the 100m Breaststroke at the Canterbury West Coast Junior Championships.

ROSEMARY BISHOP TROPHY:

A trophy presented by the New Brighton Swimming Club in recognition of Mrs Bishop's achievements as a club coach and member.

RULES

1. The trophy cannot be won outright, but shall remain the property of the Regional Association.

To be awarded annually for the fastest female under the age of 13 years in the 100m Breaststroke at the Canterbury West Coast Junior Championships.

"AUNTIE" BROWN MEMORIAL TROPHY:

A trophy presented by Miss Doreen Brown in memory of her mother.

RULES

1.The trophy shall always remain the property of the Regional Association
The trophy to be presented annually to the fastest female in the 100m Women's Freestyle at the Championships of Canterbury West Coast Swimming.

DOREEN BROWN CUP:

A challenge cup presented by the Management Committee of the Regional Association to commemorate the services of Miss Doreen Brown as Secretary of the Canterbury Regional Association.

RULES

1.The cup cannot be won outright and shall always remain the property of the Regional Association.

The cup to be presented annually to the fastest female in the Women's 100m Breaststroke at the Canterbury West Coast Championships.

BATCHELOR CUP:

A challenge cup presented to the Canterbury Region by N.S. Batchelor, Esq.

RULES

1.The cup cannot be won outright, but shall remain the property of the Regional Association.

The cup to be presented annually to the fastest male 400m Freestyle swimmer, 15 years & under at the Canterbury West Coast Championships

HARRIS CUP (CURRENTLY RETIRED)

A challenge cup presented by the late George Harris to the Lyttelton A.S.C. for the Flying Squadron Scratch Race. The cup, on the disbandment of the Club, became the property of Canterbury West Coast Regional Association.

RULES

1.The cup cannot be won outright, but shall remain the property of the Regional Association.

2.Teams to consist of 5 members. Each member to swim not less than 50m. The winning Club shall have its name engraved on the cup, and shall hold the cup until the next competition.

All competitors to be bona fide members of their respective Clubs.

The cup to be competed for annually. The Regional Association may grant permission to hold the competition to any affiliated Club, upon receiving applications. In the event of more than one Club applying, a ballot shall decide as to which shall control the race.

HARRY HORSFALL CHALLENGE CUP:

A challenge cup presented by Mr H.E. Horsfall in memory of his son Harry Horsfall who held the Canterbury record for 100m Intermediate Boys' Breaststroke at the time his being posted "missing" while on service overseas.

RULES

1.The cup cannot be won outright, but shall remain the property of the Canterbury West Coast Regional Association.

The cup to be presented annually to the fastest 15-year-old boy in the 100m Breaststroke at the Canterbury West Coast Championships.

I.V. LE CREN MEMORIAL TROPHY:

A trophy presented by the Le Cren family in memory of their mother.

RULES

1.The cup cannot be won outright, but shall remain the property of the Regional Association.

The cup to be presented annually to the fastest male in the 100m Freestyle at the Canterbury West Coast Championships

KINGDON CUP:

A challenge cup presented in memory of the late Stan J Kingdon killed on active service during World War II.

RULES

1.The cup cannot be won outright and shall always remain the property of the Regional Association.

The cup to be presented to the Club winning the Men's Flying Squadron Championship (4 x 100) at the Canterbury West Coast Championships.

PERCY CAMPBELL MEMORIAL TROPHY:

A trophy presented by the Campbell family in memory of their father.

RULES

1.The trophy cannot be won outright, but shall remain the property of the Regional Association.

2.The trophy to be presented annually to the fastest male in the 200m Individual Medley at the Canterbury West Coast Championships.

ST ALBANS SENIOR CUP:

RULES

1.The trophy shall be known as the St Albans Senior Long Distance Trophy.

2.The trophy shall at all times remain the property of the Regional Association.

3.The event to be held at the Canterbury West Coast Championships.

4.A Senior shall be defined as 15 years and over

5.The distance for the Senior event shall be not less than 1500 metres.

6.Each race shall be open to Men.

7.The winner of the trophy shall be the swimmer gaining fastest time in the event.

ST ALBANS JUNIOR CUP

RULES

1.The trophy shall be known as the St Albans Junior Long Distance Trophy.

2.The trophy shall at all times remain the property of the Regional Association.

3.The event to be held at the Canterbury West Coast Championships.

4.Junior shall be defined as 14 years and under.

5.The distance for the Junior event shall be not less than 1500 metres.

6.Each race shall be open to Men.

7.The winner of the trophy shall be the swimmer gaining fastest time in the event.

A.J STENTIFORD SENIOR CUP:

A challenge cup presented by Mrs A. J. Stentiford for competition in conjunction with the St Albans Senior Cup.

RULES

1.The cup cannot be won outright, and shall always remain the property of the Regional Association

2.The cup to be presented annually to the Woman gaining fastest time in the Senior Long Distance Swim of not less 1500 metres at the Canterbury West Coast Championships

A senior shall be defined as 15 years and over

A.J. STENTIFORD JUNIOR CUP:

A challenge cup presented by Mrs AJ Stentiford for competition in conjunction with the St Albans Junior Cup.

RULES

1.The cup cannot be won outright, and shall always remain the property of the Regional Association.

2.The cup to be presented annually to the Girl gaining fastest time in the Junior Long Distance Swim of not less 1500 metres at the Canterbury West Coast Championships.

3.A junior shall be defined as 14 years and under.

SOUTH ISLAND CHAMPIONSHIP CUP

W.J. COWLES MEMORIAL CHALLENGE CUP:

A challenge cup presented by the St Albans Amateur Swimming Club in memory of their Patron, Mr. W.J. Cowles.

RULES

1.The cup cannot be won outright and shall always remain the property of the Regional Association.

2.The cup to be presented to the South Island Region gaining most points in team competition at the South Island Championships.

In the event of there being no Inter-Region Competition, the Canterbury West Coast Region shall have the right to allocate the cup for competition at its discretion.

SWIMMER OF THE YEAR TROPHY

CAIN TROPHY:

A trophy presented by the Cain brothers, Messrs. Doug, Nelson, Ian and Lawrence, in memory of their mother.

RULES

1.The trophy to be awarded to the Canterbury Swimmer of the year.

2.The swimmer of the year will be chosen by the Region's Life Membership and Blazer Committee and a representative of the selectors.

3.The trophy shall be awarded to the swimmer who, in the opinion of the above-mentioned Committee, has:

- The most outstanding swimming performance(s) for the season, and/or
- Conducted himself in the best interest of sportsmanship, and/or
- Assisted where possible with Club and/or Region training, coaching and teaching, and/or
- The potential to render further service to the sport of swimming.

4.The trophy cannot be won outright, but shall remain the property of the Regional Association.

The selection committee shall announce the award in April of each year.

BRYCE CUP: (FLYING SQUADRON)- (CURRENTLY RETIRED)

A cup, once the property of the East Christchurch ASC, now held in trust by the Regional Association.

RULES

1.The cup to be competed for annually.

2.Teams to consist of five swimmers, each member to swim not less than 100m.

All competitors to be bona fide members of their respective Clubs.

HOLLANDER CUP:

A challenge cup, presented to the Canterbury Regional Association by Jos. Hollander, Esq.

RULES

1.The cup to be competed for annually by teams representing an affiliated Club.

2.Two Clubs may combine at the discretion of the Regional Association.

3.Teams to consist of 15 swimmers, each of whom shall swim one length of the pool.

All competitors to be bona fide members of their respective Clubs.

WHARENUI SHIELD:

A challenge shield presented to the Regional Association by the Wharenui Amateur Swimming Club.

The shield to be known as the Wharenui Shield shall be competed for annually by the Clubs affiliated to the Regional Association of SNZ.

RULES

1. The shield shall always remain the property of the Regional Association and can never be won outright.
2. The shield shall be held for one year by the Club winning it.
3. The winner of the shield shall be the winner of a 300meter six-a-side scratch relay race. Each Club team to comprise six juniors 12 and under (boys, girls or mixed). Each team member will swim 50 meters.
4. The race shall be conducted under the rules of the SNZ.
5. The race shall be conducted at the Wharenui Junior Olympic Meet held annually.
7. Juniors for the purpose of this shield shall mean competitors who have not reached the age of 13 years on the day of the competition.

YALDHURST CHALLENGE SHIELD:

A challenge shield, presented to the Regional Association for competition amongst school children, by the Yaldhurst Swimming Club.

RULES

1. The shield to be known as the Yaldhurst Challenge Shield.
2. The competition shall be held annually and be open to teams from affiliated Clubs only. Clubs may enter any number of teams.
3. Each team is to consist of 1 Boy and 1 Girl in each age group, those being 10 years & under, 11 & 12 years, 13 & 14 years. Age as at date of carnival.
4. Swimmers selected to represent Canterbury West Coast Swimming at the National Age Group Championships and Div. 11 Age Groups, shall be ineligible to compete in this event. This competition shall be held whenever possible on the same day as the National Age Group Championships.
5. Only swimmers participating at the Canterbury Memorial Championships may enter. The following shall be the programme of events and are to be held in conjunction with the existing Canterbury Development Championship programme:
 - 10 years & under – 50m freestyle, backstroke, breaststroke, or butterfly
 - 11 & 12 years - 100m freestyle, backstroke, breaststroke, or butterfly
 - 13 & 14 years - 100m freestyle, backstroke, breaststroke, or butterflyYaldhurst Challenge Relay - 6 x 25m Freestyle relay, 1 boy & 1 girl in each age group.
6. Competitors may score in a maximum of 4 events, Yaldhurst Challenge Shield relay excluded.
7. Points to be awarded as follows: 1st, 6 points; 2nd, 5 points; 3rd, 4 points; 4th, 3 points; 5th, 2 points; 6th, 1 point.

RUTH WOOLLEY MEMORIAL TROPHY:

A trophy presented by the Woolley family in memory of Ruth.

1. The trophy shall always remain the property of the Regional Association.
2. The trophy to be presented annually to the fastest female 14 years and under 100m Butterfly swimmer at the Canterbury/West Coast Championships.

RUTH WOOLLEY MEMORIAL TROPHY:

A trophy presented by the Woolley family in memory of Ruth

1. The trophy shall always remain the property of the Regional Association.
2. The trophy to be presented annually to the fastest female 15 and over 100m Butterfly swimmer at the Canterbury/West Coast Championships.

CRAWFORD TROPHY

Donated to Canterbury West Coast Swimming Association by Greg and Pauline Crawford

The trophy shall always remain the property of the Regional Association and can never be won outright.

The trophy is to be presented annually to the fastest male 14years and under 100 Backstroke at the Canterbury West Coast Championships.

CRAWFORD TROPHY (2)

Donated to Canterbury West Coast Swimming Association by Greg and Pauline Crawford

The trophy shall always remain the property of the Regional Association and can never be won outright.

The trophy is to be presented annually to the fastest male 15years and over 100 Backstroke at the Canterbury West Coast Championships

CAREY CUP

A trophy presented by the Carey family

- 1.The trophy shall always remain the property of the Regional Association.
- 2.The trophy to be presented annually to the SWD swimmer with the highest world record% swim in their classification at the Canterbury West Coast Championships irrespective of regional affiliation.

CANTERBURY CUP

Awarded to the team with the most aggregate points at Canterbury Championships. Teams must consist of 10 or more swimmers entered in the meet. Donated by Swimming Canterbury West Coast Regional Association.

NELLIE CORN TROPHY

Awarded to the team with the most aggregate points per team of 10 swimmers or more, at Canterbury Memorial Championships. Donated by the Halswell Amateur Swimming Club in honour of Nellie Corn, a foundation member and generous benefactor of the HASC, and its first life member.

BRUCE HORNER MEMORIAL TROPHY

Awarded to the team with the most overall points Canterbury Memorial Championships. Donated by Swimming Canterbury West Coast Patron, Mrs Elsie Horner, in memory of her son, Bruce.

PRESIDENT'S CUP

Awarded to the team winning the 400m mixed relay at the Canterbury Memorial Championships. Donated by Swimming Canterbury West Coast Regional Association.

AUDREY CLIMO CUP (EX EASTERN DISTRICTS)

Donated by the Climo Family. Audrey Climo was a life member of the South End Swimming Club. Awarded to the winner of the Women's Open 50m Freestyle at the Canterbury West Coast Championships. The trophy cannot be won outright, but shall remain the property of the Regional Association.

PAT RICHARDS CHALLENGE TROPHY (EX EASTERN DISTRICTS)

Awarded to the winner of the Women's Open 400m Freestyle at the Canterbury West Coast Championships. The trophy cannot be won outright, but shall remain the property of the Regional Association.

SIMON CUP (EX EASTERN DISTRICTS)

Donated by the Simon Family, members of the North End Swimming Club. Awarded to the winner of the Men's Open 800m Freestyle at the Canterbury West Coast Championships. The trophy cannot be won outright, but shall remain the property of the Regional Association.

JUBILEE CUP (EX EASTERN DISTRICTS)

Awarded to the winner of the Girls' 14 and under 800m Freestyle at the Canterbury West Coast Championships. The trophy cannot be won outright, but shall remain the property of the Regional Association.

CLIMO TROPHY (EX EASTERN DISTRICTS)

Awarded to the Swimmer of the Championships, based on aggregate points score, at the Canterbury West Coast Championships. This can go to a swimmer of any age, it is based solely on total points for all their placing's at the Canterbury Champs. The trophy cannot be won outright, but shall remain the property of the Regional Association.

TEAM BEHAVIOUR NOTICE

The following conditions apply to all Canterbury West Coast swimmers, who take part in any competition outside the Canterbury West Coast region.

I agree to compete for Canterbury West Coast Swimming, under the following terms and conditions:

I undertake:

1. To depart from and return to the place of assembly of the team upon the dates and by the means of conveyance decided upon by the Regional Association, unless permission is granted otherwise.
2. To co-operate and remain under the control, management and direction of the Team manager or person appointed by him in all respects from the date of assembly until my return to the place of dispersal, and to comply with all orders given by him/her during the period.
3. I hereby agree upon assembly to supply to the Team Manager a certificate from my family doctor, or any other medical practitioner concerned, as to any drugs or medication I have been prescribed.
4. In the event of my suffering injury which might affect my performance prior to assembly of the team I undertake to advise the Canterbury West Coast Regional Association immediately.
5. After assembly of the team I undertake to disclose immediately to the Team Manager any injury which might prejudice my ability to compete to that standard which first gained me selection for that team.
6. I undertake to conduct myself in a proper manner, and to exercise my endeavours to render myself fit to ensure maximum performance in competition and I agree to return to Canterbury forthwith if at any time ordered to do so by the Manager.
7. That I will not possess, consume, administer, purchase or dispose of any narcotic drugs of any kind. I further agree that I will not possess, consume, administer, purchase or dispose of any alcoholic liquor except with the consent of the Team

Manager, but such consent shall not be given or deemed given in respect of a member who is a minor.

8. That on all occasions I shall wear such items of apparel including swim wear, casual wear and official uniform as directed by the Team Manager prescribed by the Club

9. I authorise any medical practitioner who may examine or treat me, during the currency of this agreement, to make full disclosure to the Team Management of any diagnosis or treatment that has been made or prescribed for me.

10. If billeted, I acknowledge that I am the responsibility of and under the control of billeting parents and will conform to all reasonable advice and instruction given me. I will not attend parties or functions outside the homes of billeters, unless I receive express permission from the Team Manager and billeting parents. I will not travel in private cars without the authority of billeting parents, and then in the hands of a responsible driver only. I will help with bed making, dish washing etc. as required.

11. I acknowledge that CANTERBURY WEST COAST SWIMMING has expressly provided that in the event of a breach of discipline or behaviour on my part, I am liable to the following penalties:

- a. To be sent home forthwith.
- b. To be deprived of any privileges or allowances.
- c. To be subject of a report to CANTERBURY WEST COAST SWIMMING and I accept membership of the team under these express conditions.