



2016 South Island Championships

26 – 28th August 2016, Splash Palace, Invercargill

South Island Championships is conducted under the regulations of SNZ and FINA Rules except where Meet conditions listed on this poster and in the programme.

Eligible Swimmers:

- The meet is open to all SNZ registered competitive swimmers who have obtained the listed qualifying times between **26 September 2015** and the closing date of **16 August 2016**.
- Age as at **26th August 2016**
- Age groups are 12-14 years, 15-16 years and 17 years and over

Meet Conditions:

- 2016 South Island Championships will be swum as Short Course (25m) using electronic timing
- Performances not held within the National Database will not be eligible for use at these Championships
- Qualifying times are published as short course 25m, times in pools other than 25m must be converted using the SNZ Conversions. **Swimmers using converted times will be seeded in the slowest heats**
- Swimmers may enter one (1) unqualified event but must have swum a time during the qualifying period. **Custom Times and NT (no times) will not be accepted**. As entries are being completed electronically, the online system will not accept unqualified events, Club recorders will need to manually advise the Meet recorder by email of these entries along with proof of time
- A maximum of two (2) visitors may progress from heats to finals in any one event, with the exception of timed finals where there is no limit on visitors
- Over the top starts will be used for all races. One Start Rule applies

Individual Entries:

- Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming rules. Para swimmers must present their classification card to the Meet Director prior to the commencement of the meet. There are no qualifying times for para swimmers (but a valid entry time must be submitted with all entries).
- All 50m (excluding the 50m Freestyle) events, the 100IM and relays will be swum as a timed Open Championship Final (fastest 8 on entry time) and three age group timed finals (12-14, 15-16 & 17 & O). Long Course entry times will not be recognized for the Open final.
- All 100m (excluding 100IM), 200m and 400m events along with the 50 Freestyle will be swum as prelims with an Open Championship Final, an age group final 12-14 years and an age group final 15 years and over. Results from the 15 & over final will be resolved to 15-16 years and 17 years and over age groups. All prelims will be straight seeded. The Open Championship final shall take precedence, **athletes cannot withdraw from the Open final to swim in age group finals**. Athletes may not swim in both the Open and Age Group finals, but athletes competing in the Open final will be eligible for age group medals based on times in the Open final
- The 800m and 1500m freestyle will be timed finals, results as an Open Championship Final and three age group timed finals (12-14, 15-16 & 17 & O)
- For events when there are 16 or less total competitors there will be an Open Championship Final only, no Age Group Finals
- For events when there are 17 – 24 total competitors there will be an Open Championship Final and a one combined age group final

Regional Relay Entries:

- Relays will be regional and swum for both male and female as 15 years & under and 16 years and over. Swimmers may swim up an age group but not in more than one age group per event.

Meet Awards and Scoring:

- Winner of the Open Championship Final – South Island Open Championship Gold Medal
- Fastest 3 times in Finals (including Open Final) aged 12-14, 15-16 & 17 & O – South Island Age Group Gold, Silver and Bronze Medals
- However for events where there are 16 or less total competitors there will be an Open Championship Gold Medal and an Age Group Gold Medal only for each age group 12-14, 15-16 & 17 & O
- If all medals are not able to be awarded based on finals due to insufficient competitors in an age group then the prelim times will be used but finals will take precedence. i.e. a swimmer who made a final will place higher than a swimmer in the same age group who did not, even if the finals time is slower.
- All Open Championship Finals (excluding the 50m Fly, 50m Back, 50m Breast and 100m IM) will be scored as follows:
1st = 26, 2nd = 24, 3rd = 22, 4th = 20, 5th = 19, 6th = 18, 7th = 17, 8th = 16
- All 100m, 200m, 400m, 50m Freestyle and relay Age Group events shall be scored as follows:
1st = 10, 2nd = 8, 3rd = 6, 4th = 5, 5th = 4, 6th = 3, 7th = 2, 8th = 1
- All 50m Fly, 50m Back, 50m Breast and 100m IM events will not be scored
- In the event a visitor finishes first in an Open final or first, second or third in an age group final they will be awarded a visitors medal
- Regional Trophy: Regional individual and relay competition points will be accumulated over the meet then divided by the number of competitors in the team, at commencement of the meet, to find the overall winning region
- Club Trophy: Clubs competition points shall be accumulated over the meet, trophies awarded to the club with 11 or more swimmers and the club with 10 or less swimmers who accumulates the most points

Withdrawal Procedure:

- For all timed final and final events, withdrawals must be received not more than **30 minutes after the end of the previous session**
- Session 1 withdrawals **must** be notified to the meet recorder not less than 24 hours prior to the start of the meet
- There will be a fine of \$50 for any withdrawals not in accordance with this rule, except for medical injury or disability as judged by the Meet Director

Entry Procedure:

- Individual and Club entries are to be completed ONLINE only, exception being
 - entries for unqualified events
 - regional relay teamsto be submitted by club recorders to admin@swimsouthland.org.nz as a TM file with PDF proof of times
- No Times (NT) or Custom Times will not be accepted; all entries must have a time swum during the qualifying period, including for unqualified events
- Entries open midnight Friday 12 July 2016 and close **midnight Tuesday 16 August 2016**
- No late entries will be accepted
- Entry fees are
 - \$10.50 per individual event
 - \$15.50 per regional relay team
- Refunds for any withdrawals (including medical) will be given only at the discretion of the Meet Director
- **Changes required** after the close off date are to be emailed to admin@swimsouthland.org.nz prior to **midnight Friday 19 August**
- All information will be posted on www.swimsouthland.org.nz including final Psych Sheets from Monday 22 August

Payment Process:

- Individual entries are paid at the time of entry within the SNZ Database
- Clubs and Regions will be invoiced based on entries processed as at Monday 22nd August



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QUALIFYING TIMES

MALE				FEMALE		
12 & 14 yrs	15 & 16 yrs	17 & over		12 & 14 yrs	15 & 16 yrs	17 & over
			FREESTYLE			
29.80	28.60	28.60	50	31.20	31.00	31.00
1:04.90	1:02.80	1:02.80	100	1:08.20	1:07.90	1:07.90
2:23.00	2:17.50	2:17.50	200	2:29.00	2:26.55	2:26.55
5:00.35	4:48.90	4:48.90	400	5:15.00	5:07.00	5:07.00
			800	10:55.00	10:38.35	10:37.00
19:57.70	19:24.50	18:58.90	1500			
			BACKSTROKE			
34.35	33.27	32.35	50	36.20	36.02	35.43
1:14.34	1:12.86	1:12.86	100	1:18.07	1:16.88	1:16.88
2:41.33	2:35.76	2:35.76	200	2:48.84	2:45.26	2:45.26
			BREASTSTROKE			
38.94	37.91	36.97	50	40.96	40.51	39.69
1:25.16	1:21.81	1:21.81	100	1:28.75	1:28.38	1:28.38
3:05.03	2:57.51	2:57.51	200	3:12.69	3:10.67	3:10.67
			BUTTERFLY			
34.67	33.15	32.65	50	35.27	34.83	34.60
1:17.64	1:13.99	1:13.99	100	1:19.39	1:18.51	1:18.51
2:51.78	2:47.96	2:47.96	200	2:56.47	2:54.03	2:54.03
			MEDLEY			
1:16.72	1:13.86	1:13.79	100	1:20.00	1:19.00	1:18.00
2:46.00	2:40.00	2:40.00	200	2:52.33	2:48.10	2:48.10
5:55.60	5:44.10	5:44.10	400	6:09.16	6:03.64	6:03.64
*No qualifying times for para events						



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MEET PROGRAM

Session 1 Fri 26 Aug Warm up 7.30am-8.20am, Start 8.30am	Session 3 Sat 27 Aug Warm up 7.30am-8.20am, Start 8.30am	Session 5 Sun 28 Aug Warm up 8.30am-9.20am, Start 9.30am
Prelims 1 Male 200 IM Prelims 2 Female 200 IM Prelims 3 Male 400 Free Prelims 4 Female 400 Free Prelims 5 Male 100 Back (incl Para) Prelims 6 Female 100 Back (incl Para) T/Final 7 Male 12-14 50 Breast T/Final 8 Male 15-16 540 Breast T/Final 9 Male 17&O 50 7Breast T/Final 10 Male 50 Breast (Fastest 8) T/Final 11 Female 12-14 50 Breast T/Final 12 Female 15-16 50 Breast T/Final 13 Female 17&O 50 Breast T/Final 14 Female 50 Breast (Fastest 8) Prelims 15 Male 200 Fly Prelims 16 Female 200 Fly Prelims 17 Male 100 Free (incl Para) Prelims 18 Female 100 Free (incl Para)	T/Finals-S 23 Female 800 Free Prelims 24 Male 400 IM T/Final 25 Female 12-14 100 IM T/Final 26 Female 15-16 100 IM T/Final 27 Female 17&O 100 IM T/Final 28 Female 100 IM (Fastest 8) Prelims 29 Male 100 Fly Prelims 30 Female 100 Fly Prelims 31 Male 200 Breast Prelims 32 Female 200 Breast Prelims 33 Male 50 Free (incl Para) Prelims 34 Female 50 Free (incl Para)	T/Finals-S 47 Male 1500 Free Prelims 48 Female 400 IM T/Final 205 Mixed Para 100 IM T/Final 49 Male 12-14 100 IM T/Final 50 Male 15-16 100 IM T/Final 51 Male 17&O 100 IM T/Final 52 Male 100 IM (Fastest 8) Prelims 53 Female 200 Back Prelims 54 Male 200 Back Prelims 55 Female 100 Breast (incl Para) Prelims 56 Male 100 Breast (incl Para) Prelims 57 Female 200 Free Prelims 58 Male 200 Free
Session 2 Fri 26 Aug Warm up 3.00pm-3.50pm, Start 4.00pm	Session 4 Sat 27 Aug Warm up 3.00pm-3.50pm, Start 4.00pm	Session 6 Sun 28 Aug Warm up 3.00pm-3.50pm, Start 4.00pm
Finals 1a Male 12-14 200 IM Finals 1b Male 15 & O 200 IM Finals 1c Male Champ 200 IM Finals 2a Female 12-14 200 IM Finals 2b Female 15 & O 200 IM Finals 2c Female Champ 200 IM Finals 3a Male 12-14 400 Free Finals 3b Male 15 & O 400 Free Finals 3c Male Champ 400 Free Finals 4a Female 12-14 400 Free Finals 4b Female 15&O 400 Free Finals 4c Female Champ 400 Free Finals 201 Mixed Para 100 Back Finals 5a Male 12-14 100 Back Finals 5b Male 15&O 100 Back Finals 5c Male Champ 100 Back Finals 6a Female 12-14 100 Back Finals 6b Female 15&O 100 Back Finals 6c Female Champ 100 Back Finals 15a Male 12-14 200 Fly Finals 15b Male 15&O 200 Fly Finals 15c Male Champ 200 Fly Finals 16a Female 12-14 200 Fly Finals 16b Female 15&O 200 Fly Finals 16c Female Champ 200 Fly Finals 202 Mixed Para 100 Free Finals 17a Male 12-14 100 Free Finals 17b Male 15&O 100 Free Finals 17c Male Champ 100 Free Finals 18a Female 12-14 100 Free Finals 18b Female 15&O 100 Free Finals 18c Female Champ 100 Free T/Finals 19 Male 15&U 400 Medley Regional Relay T/Finals 20 Female 15&U Medley Regional Relay T/Finals 21 Male 16&O 400 Medley Regional Relay T/Finals 22 Female 16&O Medley Regional Relay	T/Final-F 23 Female 800 Free (Fastest 8) Finals 24a Male 12-14 400 IM Finals 24b Male 15&O 400 IM Finals 24c Male Champ 400 IM T/Final 203 Mixed Para 50 Back T/Final 35 Female 12-14 50 Back T/Final 36 Female 15-16 50 Back T/Final 37 Female 17&O 50 Back T/Final 38 Female 50 Back (Fastest 8) T/Final 39 Male 12-14 50 Back T/Final 40 Male 15-16 50 Back T/Final 41 Male 17&O 50 Back T/Final 42 Male 50 Back (Fastest 8) Finals 30a Female 12-14 100 Fly Finals 30b Female 15&O 100 Fly Finals 30c Female Champ 100 Fly Finals 29a Male 12-14 100 Fly Finals 29b Male 15&O 100 Fly Finals 29c Male Champ 100 Fly Finals 32a Female 12-14 200 Breast Finals 32b Female 15&O 200 Breast Finals 32c Female Champ 200 Breast Finals 31a Male 12-14 200 Breast Finals 31b Male 15&O 200 Breast Finals 31c Male Champ 200 Breast Finals 204 Mixed Para 50 Free Finals 34a Female 12-14 50 Free Finals 34b Female 15&O 50 Free Finals 34c Female Champ 50 Free Finals 33a Male 12-14 50 Free Finals 33b Male 15&O 50 Free Finals 33c Male Champ 50 Free T/Final 43 Female 15&U 400 Free Regional Relay T/Final 44 Male 15&U Free Regional Relay T/Final 45 Female 16&O 400 Free Regional Relay T/Final 46 Male 16&O Free Regional Relay	T/Final-F 47 Male 1500 Free (Fastest 8) Finals 48a Female 12-14 400 IM Finals 48b Female 15&O 400 IM Finals 48c Female Champ 400 IM T/Final 59 Male 12-14 50 Fly T/Final 60 Male 15-16 50 Fly T/Final 61 Male 17&O 50 Fly T/Final 62 Male 50 Fly (Fastest 8) T/Final 63 Female 12-14 50 Fly T/Final 64 Female 15-16 50 Fly T/Final 65 Female 17&O 50 Fly T/Final 66 Female 50 Fly (Fastest 8) Finals 54a Male 12-14 200 Back Finals 54b Male 15&O 200 Back Finals 54c Male Champ 200 Back Finals 53a Female 12-14 200 Back Finals 53b Female 15&O 200 Back Finals 53c Female Champ 200 Back Finals 206 Mixed Para 100 Breast Finals 56a Male 12-14 100 Breast Finals 56b Male 15&O 100 Breast Finals 56c Male Champ 100 Breast Finals 55a Female 12-14 100 Breast Finals 55b Female 15&O 100 Breast Finals 55c Female Champ 100 Breast Finals 58a Male 12-14 200 Free Finals 58b Male 15&O 200 Free Finals 58c Male Champ 200 Free Finals 57a Female 12-14 200 Free Finals 57b Female 15&O 200 Free Finals 57c Female Champ 200 Free