

SOUTH ISLAND SECONDARY SCHOOLS SWIMMING CHAMPIONSHIPS 2016

EVENT INFORMATION

Date	Saturday 9 th July 2016			
Time	Session 1	Saturday 9 July	Warm-up 8:00 am	Starts 8:45 am
	Session 2	Saturday 9 July	Warm-up 2:00 pm	Starts 2:45 pm

Venue Splash Palace, 56 Elles Road, Invercargill

Entry Entries due **Friday 17 June 2016**. No late entries will be accepted.
Entry fees are \$7.30 per individual event and \$12.30 per relay team event.
Payment of entry fees are to be made to Swimming Southland,
- Bank Deposit (preferred) - 03 1355 0614313 00
- Cheques can be posted to, P O Box 781, Invercargill

Payment is to be made when submitting entries, prior to event date

- **SNZ-Registered swimmers:** Entries must be submitted in via the SNZ online entry platform (TM files will still be accepted if need be). Please provide a copy of your entries to your school.
- **Unregistered swimmers:** In order to enter this event, all 'unregistered' school swimmers, must align themselves with a local swimming club of their choice. If you are unsure as to how to contact a suitable swimming club in your area, please contact admin@swimsouthland.org.nz (following a new By-Law from SNZ – 'Right to Compete' – all swimmers must be aligned with a SNZ Registered Swimming Club in order to make this meet an approved official meet).
Submit entries to your school sports coordinator.
- **School Coordinators:** Submit your school swimmers entries on the supplied individual entry and relay entry forms. All entries forms are to be submitted to admin@swimsouthland.org.nz
- **All schools must email** (whether you enter via SNZ online, or via email), the 'School Details Entry Form' (page 6) – email to admin@swimsouthland.org.nz
- Swimmers must equal or better the qualifying times (see page 4), be Year 9 or above, be under 19 years of age on 1 January 2016 (SWID excepted), and be enrolled full-time at school.
- Swimmers without proof of qualifying times may enter 50m events and relays.
- There is no limit to the number of entries per event from each school.
- There is no limit on the number of events an individual may enter.
- Entry times shall be submitted as Short Course.

Age Groups Swimmers may compete in their age group and open events.
Age groups are: **14 yrs and under / 15 yrs and over**,
Ages calculated as at the day of the meet: 9th July 2016.
50m and 100m events will be scored by age groups by gender.
200m and 400m events and all Relays are Open, by gender.

Format

- 50m and 100m events will have prelims and finals. Other events will be timed finals.
- Swimmers with a Disability, events will be timed finals.
- The prelims for able-bodied 50m events will be seeded as mixed open events i.e. girls and boys of all ages will swim together in the heats.
- The eight fastest heat times in each age group and gender will qualify for finals.
- TM results, along with the full list of results will be available to clubs after the meet.
- Relays will be swum as timed finals. Late entries with entry fee for relay teams will be accepted until end of the session prior to the relay.

RULES OF THE CHAMPIONSHIP

1. All events will be conducted under the SNZ Regulations and the FINA Rules, except where local meet rules apply.
2. The event is alcohol, smoke and drug free.
3. To enter, swimmers must equal or better qualifying times and provide proof of times with entries, except for 50m events and relays.
4. Swimmers with a physical disability "SWPD" may compete. Schools must sign swimmers' authorization to compete in SWPD events.
5. Swimmers with an intellectual disability "SWID" may compete. Schools must sign swimmers' authorization to compete in SWID events.
6. All swimmers must be marshalled when required, as all events will start promptly. Competitors must be ready when called, or the event may be started without them.
7. Protests must be lodged in accordance with SNZ Regulations; the fee shall be \$50.00.
8. All relay events are Open and will be swum as timed finals.
9. 50m and 100m events will be swum as mixed prelims and seeded according to entry time. Finals for 50m and 100m events will be swum by age group (female and male).
10. SWPD and SWID results for events are open (female and male).
11. The one start rule will apply.
12. At the beginning of each race when the whistle is blown, there is to be silence and no movement on poolside.
13. Each competitor is to remain in his/her lane until instructed to leave.
14. Swimmers must exit from the side of the pool UNDER the lane ropes.
15. Full results will be available on www.swimsouthland.org.nz

RELAYS

16. Mixed relay teams must have 2 boys and 2 girls (any order). Schools may enter mixed and single sex relay teams but a swimmer must not swim both. However a swimmer can swim two different relays (e.g mixed medley and the girls freestyle relay).
17. Relay names, in the order of swimming, must be in the recorder's hands 30 minutes before the start of the session in which they are to be swum.

PRIZES

18. Ribbons will be awarded for 1st, 2nd and 3rd place in each individual event and relay.

WITHDRAWAL RULES

19. Entrants wishing to withdraw from an event shall do so in writing signed by the team manager and lodged with the recorder as described below.
20. Withdrawals for Session 1 must be notified to Lisa Hansen 027 951 6729 or email admin@swimsouthland.org.nz by 9.00am on 8 July 2016. For the second and third sessions, withdrawals are to be notified to the recorder's table by the completion of the previous session. No reseeding will be done.
21. Entry fees will be refunded for withdrawals if a medical certificate is supplied to Lisa Hansen 027 951 6729 or email admin@swimsouthland.org.nz by Friday 8 July 2016.
22. **PENALTY FOR NO-SHOW:** Anyone who does not intend to swim in a final or timed final in which they have been entered must withdraw, in writing on the form provided, by the times set out in clause 19 above. The penalty for a 'no show' in a final or timed final is a \$15 fine. Withdrawal sheets are available from the recorders desk.

Officials Each school is asked to provide **at least one timekeeper (or qualified swimming official) for every two swimmers**, as the event requires a large number of timekeepers. This can be a parent or teacher or capable student. Please confirm how many helpers you are able to supply (on supplied form), when submitting entries.

Lane hire For pre-training/warm up sessions, please contact Splash Palace directly to make your teams booking.

Pool entry Pool entry is free for SISS swimmers (a pass will be provided for each swimmer – please wear it to gain free access to the pool).
There will be a Spectators entry fee per session
Programmes and raffles will be sold at venue.

Parking All day parking is available at the pool.

Contacts	Swimming Southland Lisa Hansen Phone: 027 951 6729 admin@swimsouthland.org.nz www.swimsouthland.org.nz	Postal Address P O Box 781 Invercargill
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Qualifying Times – 2016 South Island Secondary Schools Championships

Proof of entry times (at least as fast as qualifying times) must be provided either from a club TM file or signed results from a regional secondary schools meet. Swimmers without proof of qualifying times can enter 50m events and relays.

Times below are short course (25m pool) times. Use SNZ conversion tables to convert swims done in pools other than 25m.

See 2015/16 Competition Booklet at <http://www.swimmingnz.org.nz/events/competition-booklets> for conversion tables.

	14 & U Girls	14 & U Boys	15 & O Girls	15 & O Boys	Open Girls	Open Boys
Note: There are no qualifying times for any 50m events or relay events.						
Freestyle						
100	1:20.00	1:09.00	1:13.00	1:05.00		
200					2:45.00	2:25.00
400					5:40.00	5:15.00
Backstroke						
100	1:28.00	1:24.00	1:25.00	1:20.00		
200					3:10.00	2:45.00
Breaststroke						
100	1:38.00	1:33.00	1:35.00	1:29.00		
200					3:30.00	3:05.00
Butterfly						
100	1:40.00	1:30.00	1:25.00	1:16.00		
200					3:00.00	2:45.00
Indiv Medley						
200					3:00.00	2:40.00
400					6:00.00	5:40.00

**Swimming Southland are pleased to be hosting this event and
look forward to some exciting competition between schools.**

MEET PROGRAMME

Session 1: Saturday morning			Session 2: Saturday afternoon		
Warm-up 8:00am Starts 8:45 am			Warm-up 2:00 pm Starts 2:45 pm		
1	Prelims	Mixed 100 Breaststroke	16	Timed Final	Mixed 200 Freestyle
2	Prelims	Mixed 50 Freestyle	113	Timed Final	SWPD Mixed 50 Freestyle
3	Timed Final	Mixed 200 Backstroke	123	Timed Final	SWID Mixed 50 Freestyle
4	Prelims	Mixed 50 Breaststroke	1	Finals	100 Breaststroke
5	Prelims	Mixed 100 Butterfly	2	Finals	50 Freestyle
6	Prelims	Mixed 50 Butterfly	17	Timed Final	Mixed 400 Freestyle
7	Timed Final	Mixed 200 IM	4	Finals	50 Breaststroke
8	Prelims	Mixed 50 Backstroke	114	Timed Final	SWPD Mixed 50 Breaststroke
112	Timed Final	SWPD Mixed 50 Backstroke	124	Timed Final	SWID Mixed 50 Breaststroke
122	Timed Final	SWID Mixed 50 Backstroke	5	Finals	100 Butterfly
9	Prelims	Mixed 100 Freestyle	18	Timed Final	Mixed 400 IM
10	Timed Final	Mixed 200 Butterfly	6	Finals	50 Butterfly
11	Prelims	Mixed 100 Backstroke	8	Finals	50 Backstroke
12	Timed Final	Mixed 200 Breaststroke	9	Finals	100 Freestyle
13	Timed Final	Mixed 200 Medley Relay	11	Finals	100 Backstroke
14	Timed Final	Girls 200 Medley Relay	19	Timed Final	Mixed 200 Freestyle Relay
15	Timed Final	Boys 200 Medley Relay	20	Timed Final	Girls 200 Freestyle Relay
			21	Timed Final	Boys 200 Freestyle Relay

Submitted by



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ENTRY FORM – SCHOOL DETAILS

Entries close 17 June 2016 – email admin@swimsouthland.org.nz

School _____

Team Manager _____

Mobile phone no. _____ Email _____

No. of competitors _____ No. of helpers _____ (see also last page)

Team Roster


Please note: In addition to this team roster, schools must submit copies of the individual entry forms completed by swimmers. Print another copy of this form if your school is entering more than 8 swimmers.

	Full Name <i>(please write CLEARLY or type)</i>	Date of birth dd/mm/yy	No. of events	Entry fees \$7.30/event
1	_____			
2	_____			
3	_____			
4	_____			
5	_____			
6	_____			
7	_____			
8	_____			
Total number of individual entries @ \$7.30 per event				
Total number of Relays entered @ \$12.30				
Total fees				



South Island Secondary Schools Swimming Championships 2016
Hosted by Swimming Southland
P O Box 781, Invercargill
cell: 027 951 6729, Lisa Hansen
admin@swimsouthland.org.nz
www.swimsouthland.org.nz



Submitted by			
Position			
Contact Details			
e-mail address			
Principals Attestation:	I attest that all students listed above are bona-fide fulltime students at this school and their details as provided are true and correct as on our official school records.	Principals Name:	 <p>New Zealand Secondary Schools Sports Council</p>
		Principals Signature:	
		Date:	

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ENTRY FORM FOR INDIVIDUALS

All swimmers: Entries must be with your school sports or club before Wednesday 15 June 2016. SNZ Registered swimmers should submit entries via SNZ Online (with a copy to the school coordinator).

School: _____ **Date of Birth** dd /mm /yy / / _____
First name: _____ **Age at 9 July 2016** _____
Surname: _____ **Gender** (circle one) Male / Female _____
Swimming club (if any) _____ **Registered with Swimming NZ?** Yes / No _____

Qualifying times: To enter 100, 200 & 400m events, swimmers must have achieved qualifying times on page 4. Proof of entry times must be provided either from a club TM file or signed results from a regional secondary schools meet. Swimmers without proof of qualifying times can enter 50m events and relays.
To enter, circle the event number of each event you wish to enter and, if you are NOT a registered swimmer, provide your best time (for registered swimmers, this will be supplied by your club recorder).

Event No.	Event	Entry time (SC)	Event No.	Event	Entry time
1	Mixed 100 Breaststroke		13	Mixed 200 Medley Relay	
2	Mixed 50 Freestyle		14	Girls 200 Medley Relay	
3	Mixed 200 Backstroke		15	Boys 200 Medley Relay	
4	Mixed 50 Breaststroke		16	Mixed 200 Freestyle	
5	Mixed 100 Butterfly		113	SWPD Mixed 50 Freestyle	
6	Mixed 50 Butterfly		123	SWID Mixed 50 Freestyle	
7	Mixed 200 IM		17	Mixed 400 Freestyle	
8	Mixed 50 Backstroke		114	SWPD Mixed 50 Breaststroke	
112	SWPD Mixed 50 Backstroke		124	SWID Mixed 50 Breaststroke	
122	SWID Mixed 50 Backstroke		18	Mixed 400 IM	
9	Mixed 100 Freestyle		19	Mixed 200 Freestyle Relay	
10	Mixed 200 Butterfly		20	Girls 200 Freestyle Relay	
11	Mixed 100 Backstroke		21	Boys 200 Freestyle Relay	
12	Mixed 200 Breaststroke				

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ENTRY FORM FOR RELAY EVENTS

Entries close 17 June 2016 email admin@swimsouthland.org.nz

Event name and number _____

School _____

Team Name** _____

Swimmer 1 _____

Swimmer 2 _____

Swimmer 3 _____

Swimmer 4 _____

N.B. Please print extra copies of this form to enter teams in more than one event.

Event number	Event name
13	Mixed 200 Medley Relay
14	Girls 200 Medley Relay
15	Boys 200 Medley Relay
19	Mixed 200 Freestyle Relay
20	Girls 200 Freestyle Relay
21	Boys 200 Freestyle Relay

** Team names are required only if a school is entering more than one relay team in the same event, and should be A, B, C, e.g. James Hargest A, James Hargest B, etc

Order of stroke for medley relay is: Backstroke, Breaststroke, Butterfly, Freestyle.

Mixed relays must have 2 boys and 2 girls, in any order.

SISS Swimming 2016 - List of helpers

Schools should complete this form and submit with entries.

Each school is asked to provide at least one time keeper or other official for every two swimmers. This can be a parent or teacher or capable student eg. a school entering 10 swimmers should fill 5 lines of the form below.

We will be flexible for schools travelling a long distance, but we need to know how many helpers each school is bringing and get names so we can prepare a roster.

School: _____ **No. of swimmers entered:** _____

Name of helpers (e.g. for timekeeping)	Swimming official?*
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

* If the person listed is a qualified swimming technical official, please indicate if they are a Referee, Starter, Inspector of Turns (IOT) or other official. Otherwise leave blank or enter TK for Timekeeper.